

**“Enhancing Interprofessional
Collaboration and Learning for
Strengthening Primary Health Care”**

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TUFH 2021 ABSTRACTS

Title	FAMILIES: CORE OF CHANGE MANAGEMENT - LIFE STORIES OF GROWTH AND TRANSFORMATION. BOGOTÁ, COLOMBIA.
Type	Oral Presentation <i>Innovative Ways for Community Mobilization and Engagement of Stakeholders</i>
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Abstract N ^o	TUFH741
Content	Human beings throughout our lives are exposed to different situations of adversity, which undoubtedly mark our life history. And the interesting thing about this process is how certain people turn adversity into the main learning substrate, and it makes them exploit the best of them. Objective. Share life experiences of parents who have lived a process of personal growth from the adversities they have faced. Methodology. In 2019, a qualitative study was carried out based on the thematic analysis of the parents' life stories and how they have lived their learning process from adversity. Results. Parents have undergone a process of change that has impacted both their lives and that of their children, thus being resilient families and managers of change in their reality. Conclusion. Resilience is a process that transforms lives and allows breaking established paradigms. These families and their children are an example of this change, as they have taken on the challenge of transforming their environment. This opens a way for the reinvention and innovation of communities.