

**“Enhancing Interprofessional
Collaboration and Learning for
Strengthening Primary Health Care”**

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Title	EVALUATION OF THE USE OF A PHYSICAL ACTIVITY PROGRAM WITH EXERGAMES IN THE QUALITY OF LIFE OF PEOPLE WITH LOW VISION OF THE STATE OF AMAPÁ - REGION OF THE LEGAL AMAZON
Type	TUFH Talk <i>What can we learn from your Primary Health Care Practice and Experiences?</i>
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Abstract N ^o	TUFH730
Content	<p>A broader definition of health encompasses physical, mental and social well-being and not just the absence of disease or illness. We should consider interprofessional care in the duty to mobilize the community and share the user's comprehensive care, especially in disadvantaged areas, collaboratively and with the participation of the family, especially in primary care. This study used exergames as a low-cost tool to generate physical interaction with users; it was configured as a valuable technological tool to improve the quality of life of people with low vision. Objective: to evaluate the perception in people with low vision after participating in a physical activity program with exergames. Methods: The Focus Group technique was used to investigate perceptions in relation to the applied activities. The analysis of the collected content took place using the technique of Bardin (2012) with the aid of the software ATLAS.ti 7.5.16. Results: The effects perceived and reported by the group involved benefits, difficulties, physical and psychological motivations in social relationships, the environment and differences in relation to other physical activities as characteristics of this practice. Conclusion: the practice of physical activity with exergames, using the Wii Fit Plus game, performed twice a week, for 50 minutes, for 12 sessions provided an improvement in the quality of life perceived in physical, psychological, social relations and the environment in people with low vision, over 12 years of age, its pointing out the need for continued environmental intervention through interprofessional work to monitor these people.</p>