

**“Enhancing Interprofessional
Collaboration and Learning for
Strengthening Primary Health Care”**

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Title	PROSPECT OF INTEGRATING CARDIOVASCULAR PREVENTION PROGRAMME TO PRIMARY HEALTH CARE IN NIGERIA: A UNILORIN CVD TEAM CONCEPT TO EXPLORE UNIVERSALITY
Type	TUFH Talk <i>What can we learn from your Primary Health Care Practice and Experiences?</i>
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Abstract N ^o	TUFH648
Content	<p>Background: To reduce the cardiovascular diseases burden and its risks in Nigeria, her Primary Health Care (PHC) system offers a good opportunity for effective penetration of the population if evidenced-based strategies are integrated into the PHC system. We propose to integrate a comprehensive CVD prevention programme to PHC in Nigeria</p> <p>Proposed Methods: Operational research is proposed. This programme will be piloted in selected States in Nigeria in four phases. At the planning (first) phase, collaboration with stakeholders will be established. Baseline survey at target population and assessment of the health facilities will be conducted at the second phase. Integration/implementation at third phase will include three intertwined activities; Training, strengthening/upgrading of the PHC facilities and establish CVD prevention task sharing protocol. The implementation will be monitored and supportive supervision provided using developed guidelines. The fourth phase of the program will be evaluation and handing over of the program to the States for continuity.</p> <p>Expected Results:</p> <ol style="list-style-type: none">1. A fully operational, sustainable, replicable and scalable PHC-based CVD risk programme in piloted sites2. Reduction of up to 10% in the absolute CVD risk and 10-year CVD risks in the targeted population3. Reduction of up to 10 mmHg in the Systolic Blood Pressure among targeted population <p>The innovation of the Research: This study is so far the first attempt in Nigeria at reducing the CVD risk at the population level through PHC.</p>